

Viking Dash

5k/1mile



4/20/24

Onsite Registration Begins at 8:00 a.m.

Proceeds from the Resolution Run 5K/1Mile Run or Walk will benefit Community High School Band.

Race Location:

Rover Baptist Church
202 Baptist Church Rd.
Eagleville TN, 37060



MAIL Race Applications To:

100 Community Crossing
Unionville, TN 37180

In case of inclement weather there will not be a make-up date.
Send any questions or request information to
communitybandboosters@gmail.com

COMMUNITY HIGH SCHOOL BAND'S ANNUAL VIKING DASH 5K/1Mile Run or Walk

Race Day registration is available, but a T-shirt is not guaranteed if not pre-registered.

Race Entry Fees

5K - \$25
1 Mile - \$15

CASH AND CHECKS ACCEPTED

MAKE CHECKS PAYABLE TO:
COMMUNITY BAND BOOSTERS
OR

REGISTER ONLINE: [RUNSIGNUP.COM](https://runsignup.com)

(see back for QR Code)

Race Day Schedule

8:00 am Packet Pick-up/Registration Begins
9:00 am 5K/1 Mile Runs Begin
~10:15 am Awards

Age Categories:

(male and female)
18 and under*
19-29
30-49
50+

Awards:

Trophies: 1st, 2nd, 3rd place for overall for male and female
Medals: 1st, 2nd, 3rd place for each individual female/male age groups.

Race Application

NAME _____

ADDRESS _____

CITY, STATE, ZIP _____

E-MAIL _____

PHONE (with area code) _____

DATE OF BIRTH _____

AGE _____ Gender _____

1 Mile _____ 5K _____

T-Shirt Size: Circle One

Adult Sizes: S M L XL 2XL

Race Waiver:

I know that running a race is a potentially hazardous activity. I assume all the risks associated with running this event, including but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity and cold, and other conditions, all such risks being known and appreciated by me. Having read this waiver and knowing those facts, I, for myself and for anyone else entitled to act on my behalf waive and release Community Band Boosters, all sponsors, and their representatives and successors from all claims in liabilities of any kind arising out of my participation in this event.

Signature (Parent/Guardian for entrants under 18) _____

Date: _____

_____ (initial) Community Band may use any photos taken of me for promotional reasons.